



## Invitation

### 26<sup>th</sup> International Traditional Tournament in acrobatics gymnastics

**7th – 9th of april 2023  
Ottendorf-Okrilla / Germany**

**Competition venue** gym „Sporthalle Oberschule Ottendorf“,  
Herrmann-Lehmann-Straße 5, 01458 Ottendorf-Okrilla/ Germany

**Rules** pairs and groups according to FIG

category 1

„Master class“ (seniors, juniors 1+2 (minimum age 11 years)  
Balance and Dynamic exercise  
FIG-rules (Code of Points 2022-2024)

category 2

Age Group (11 to 16 years)  
Balance and Dynamic exercise  
FIG-rules (Code of Points 2022-2024)

category 3

School class (7 to 15 years)  
Combined exercise  
Rules see appendix 1 below

Each club can run a team of **10-15 acrobats**. Each club announces **1 judge**.  
There will be awarded overall winners in each category for every event.

**Preliminary schedule**

|                     |  |
|---------------------|--|
| Friday 07.04.2023   |  |
| 1.00 pm             | arrival of delegations                     |
| 2. - 6.00 pm        | training                                   |
| 7.00 pm             | banquet for head of delegations and judges |
| Saturday 08.04.2023 | competition                                |
| 9.00 am             | warm up                                    |
| 10.00 am            | competition                                |
| 6.00 pm             | award ceremony                             |
| 7.00 pm             | sports-gala with acrobatics-show           |
| Sunday 12.04.2020   | departure of delegations                   |

**Finance** 45, - EUR starting fee per participant  
15, - EUR ticket per person for sports-gala including dinner

**Accommodation** Hotel „Zwei Linden“, Radeberger Str. 42, 01458 Ottendorf-Okrilla  
Direct booking Tel. +49 35205 45190 or info@hotelzweilinden.de  
Special prizes with code „Traditionsturnier“

**Provisional entry** until **10th of january 2023** each club announces the number of athletes, disciplines, coaches, judges and further guests.

E-Mail: **entry-tradi@gmx.de**

**Nominative entry** until **10th of march 2023** by attached registration form

**payment of accommodation costs and starting fee**  
by credit transfers until **10th of march 2023**

account details:

Volksbank Raiffeisenbank Meißen Großenhain eG

IBAN: DE21 8509 5004 7103 8910 05

BIC: GENODEF1MEI

In case of cancellation within the last 2 weeks before the competition there will be charged 50% cancellation fee of competition costs.

**Music + Tariff Sheets** PDF-Files have to be sent up to **20th of march 2023**  
**To sheets-tradi@gmx.de** and music to **music-tradi@gmx.de**

Identification:

category\_event\_routine\_name\_name\_club\_nation.pdf

category:

AG – age group

MC – master class

SC – school class

event

WP/MP/MX/WG/MG

routine

BAL/DYN/COM

examples

AG\_WG\_DYN\_name1\_name2\_name3\_ACO\_GER.pdf

MC\_MX\_BAL\_name1\_name2\_ACO\_GER.mp3

**Acro show act** THE final highlight of this tournament is the famous sports-gala on saturday evening. For many invited guests the Akrobatenclub presents an acrobatic show with all of the tournament participants.

**For the show on the sports-gala we ask you for a short show act.**

**Insurance** All delegations are responsible for having the necessary coverage against accidents and illness.

Kind regards



Torsten König  
Chairman of ACO

## Rules for category SCHOOL CLASS

1. Age: 7-15 years , the difference between partners cannot be greater than 6 years.
2. Pair and group perform one Combined exercise.
3. Use the entire field for the exercise.
4. The maximum time of exercise is 2:30min, no minimum.
5. Optional elements must be different from those in the rows.
6. In women groups and mens groups pyramids: the category of the obligatory basis can be repeated , only two static holds are required 3”.
7. Individual elements must be executed: simultaneously or immediately sequentially.
8. TARIFF SHEETS MUST BE GENERATE BY COMPUTER IN ACRO COMPANION SYSTEM (Further information on registration and descriptions will follow soon)
9. The final score of the exercise includes: Execution x2, Artistic x1, Difficulty (rating for difficulty: System according to tables AG)
10. **A maximum of 2 dismounts in the dynamic exercise are allowed.**

## WOMENS PAIRS (WP) , MIXED PAIRS (MXP) MENS PAIRS (MP)

The exercise must included:

1. 2 static elements from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WP, MP, MIX/ (from different rows)
2. 1 static element from the FIG Table of Difficulty for the years 2022-2024 (WP value min. 1, max. 9 / MP and MxP min. 1, max. 9) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
3. 2 dynamic elements from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WP, MP, MIX/ (from different rows)
4. 1 dynamic element from the FIG Table of Difficulty for the years 2022-2024 (WP value min. 1, max. 14 / MP and MxP min. 1, max. 14) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
5. 3 individual elements: flex, agility, static hold or tumbling - SALTO IS NOT REQUIRED!

## WOMENS GROUPS (WG) , MENS GROUPS (MG)

The exercise must included:

1. 1 static element from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WG, MG/ (from different rows)
2. 1 static element from the FIG Table of Difficulty for the years 2022-2024 (WG, MG min. 1 max. 16) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
3. 2 dynamic elements from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WG,MG/ (from different rows)
4. 1 dynamic element from the FIG Table of Difficulty for the years 2022-2024 (WG value min. 1, max. 14 / MG min. 1, max. 10) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
5. 3 individual elements: flex, agility, static hold or tumbling - SALTO IS NOT REQUIRED!

## Links to rules: 2022-2024 ACRO Junior and WAGC Rules

**ENG:** [https://www.gymnastics.sport/publicdir/rules/files/en\\_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf](https://www.gymnastics.sport/publicdir/rules/files/en_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf)

**FR:** [https://www.gymnastics.sport/publicdir/rules/files/fr\\_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf](https://www.gymnastics.sport/publicdir/rules/files/fr_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf)

**ES:** [https://www.gymnastics.sport/publicdir/rules/files/es\\_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf](https://www.gymnastics.sport/publicdir/rules/files/es_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf)

## 2022-2024 ACRO Table of Difficulty

**ENG:** [https://www.gymnastics.sport/publicdir/rules/files/en\\_2022-2024%20ACRO%20Table%20of%20Difficulty.pdf](https://www.gymnastics.sport/publicdir/rules/files/en_2022-2024%20ACRO%20Table%20of%20Difficulty.pdf)