

Sportakrobatik

26. internationales Traditionsturnier

neue Sporthalle Ottendorf-Okrilla
Beginn 10.00 Uhr

Ottendorfer Sportlerball
20.00 Uhr in der Turnhalle „an der Blöße“

25.3.23



www.aco-sportakrobatik.de

Mit freundlicher Unterstützung:



S. Großmann GmbH
Gastronomie-Service



schneckenpferd





Invitation

26th International Traditional Tournament in acrobatics gymnastics

**24th – 26th of march 2023
Ottendorf-Okrilla / Germany**

Competition venue gym „Sporthalle Oberschule Ottendorf“,
Herrmann-Lehmann-Straße 5, 01458 Ottendorf-Okrilla/ Germany

Rules pairs and groups according to FIG

category 1

„Master class“ (seniors, juniors 1+2 (minimum age 11 years)
Balance and Dynamic exercise
FIG-rules (Code of Points 2022-2024)

category 2

Age Group (11 to 16 years)
Balance and Dynamic exercise
FIG-rules (Code of Points 2022-2024)

category 3

School class (7 to 15 years)
Combined exercise
Rules see appendix 1 below

Each club can run a team of **10-15 acrobats**. Each club announces **1 judge**.
There will be awarded overall winners in each category for every event.

Preliminary schedule

Friday 24.03.2023	
1.00 pm	arrival of delegations
2. - 6.00 pm	training
7.00 pm	banquet for head of delegations and judges
Saturday 25.03.2023	competition
9.00 am	warm up
10.00 am	competition
6.00 pm	award ceremony
7.00 pm	sports-gala with acrobatics-show
Sunday 26.03.2023	departure of delegations

Finance 45, - EUR starting fee per participant
15, - EUR ticket per person for sports-gala including dinner

Accommodation Hotel „Zwei Linden“, Radeberger Str. 42, 01458 Ottendorf-Okrilla
Direct booking Tel. +49 35205 45190 or info@hotelzweilinden.de
Special prizes with code „Traditionsturnier“

Provisional entry until **10th of january 2023** each club announces the number of athletes, disciplines, coaches, judges and further guests.

E-Mail: **entry-tradi@gmx.de**

Nominative entry until **10th of march 2023** by attached registration form

payment of accommodation costs and starting fee
by credit transfers until **10th of march 2023**

account details:

Volksbank Raiffeisenbank Meißen Großenhain eG

IBAN: DE21 8509 5004 7103 8910 05

BIC: GENODEF1MEI

In case of cancellation within the last 2 weeks before the competition there will be charged 50% cancellation fee of competition costs.

Music + Tariff Sheets PDF-Files have to be sent up to **10th of march 2023**
To **sheets-tradi@gmx.de** and music to **music-tradi@gmx.de**

Identification:

category_event_routine_name_name_club_nation.pdf

category:

AG – age group

MC – master class

SC – school class

event

WP/MP/MX/WG/MG

routine

BAL/DYN/COM

examples

AG_WG_DYN_name1_name2_name3_ACO_GER.pdf


MC_MX_BAL_name1_name2_ACO_GER.mp3

Acro show act THE final highlight of this tournament is the famous sports-gala on saturday evening. For many invited guests the Akrobatenclub presents an acrobatic show with all of the tournament participants.

For the show on the sports-gala we ask you for a short show act.

Insurance All delegations are responsible for having the necessary coverage against accidents and illness.

Kind regards



Torsten König
Chairman of ACO

Rules for category SCHOOL CLASS

1. Age: 7-15 years , the difference between partners cannot be greater than 6 years.
2. Pair and group perform one Combined exercise.
3. Use the entire field for the exercise.
4. The maximum time of exercise is 2:30min, no minimum.
5. Optional elements must be different from those in the rows.
6. In women groups and mens groups pyramids: the category of the obligatory basis can be repeated , only two static holds are required 3”.
7. Individual elements must be executed: simultaneously or immediately sequentially.
8. TARIFF SHEETS MUST BE GENERATE BY COMPUTER IN ACRO COMPANION SYSTEM (Further information on registration and descriptions will follow soon)
9. The final score of the exercise includes: Execution x2, Artistic x1, Difficulty (rating for difficulty: System according to tables AG)
10. **A maximum of 2 dismounts in the dynamic exercise are allowed.**

WOMENS PAIRS (WP) , MIXED PAIRS (MXP) MENS PAIRS (MP)

The exercise must included:

1. 2 static elements from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WP, MP, MIX/ (from different rows)
2. 1 static element from the FIG Table of Difficulty for the years 2022-2024 (WP value min. 1, max. 9 / MP and MxP min. 1, max. 9) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
3. 2 dynamic elements from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WP, MP, MIX/ (from different rows)
4. 1 dynamic element from the FIG Table of Difficulty for the years 2022-2024 (WP value min. 1, max. 14 / MP and MxP min. 1, max. 14) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
5. 3 individual elements: flex, agility, static hold or tumbling - SALTO IS NOT REQUIRED!

WOMENS GROUPS (WG) , MENS GROUPS (MG)

The exercise must included:

1. 1 static element from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WG, MG/ (from different rows)
2. 1 static element from the FIG Table of Difficulty for the years 2022-2024 (WG, MG min. 1 max. 16) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
3. 2 dynamic elements from the Compulsory table AGE GROUP 11-16 for the years 2022-2024 /WG,MG/ (from different rows)
4. 1 dynamic element from the FIG Table of Difficulty for the years 2022-2024 (WG value min. 1, max. 14 / MG min. 1, max. 10) (Example elements Table AGE GROUP 11-16 for the years 2022-2024)
5. 3 individual elements: flex, agility, static hold or tumbling - SALTO IS NOT REQUIRED!

Links to rules: 2022-2024 ACRO Junior and WAGC Rules

ENG: https://www.gymnastics.sport/publicdir/rules/files/en_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf

FR: https://www.gymnastics.sport/publicdir/rules/files/fr_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf

ES: https://www.gymnastics.sport/publicdir/rules/files/es_2022-2024%20ACRO%20Junior%20and%20WAGC%20Rules%20.pdf

2022-2024 ACRO Table of Difficulty

ENG: https://www.gymnastics.sport/publicdir/rules/files/en_2022-2024%20ACRO%20Table%20of%20Difficulty.pdf